

SESSION PROPOSAL FORM MARC ACSM Annual Meeting

November 13-14, 2026

Sheraton Harrisburg Hershey Hotel, Harrisburg, PA

Due Date: May 22, 2026

Instructions: Please complete all sections of the form below and submit the completed form to slennon@udel.edu. Please include practical applications of the current research and related take-home messages during your presentation. Incomplete proposals will not be accepted. Descriptions of the session categories can be found on page 5. *Proposals including both professional and student speakers are encouraged.*

Accepted proposals will receive honorarium based on the number of speakers in a session. The honorarium tier - \$200 for single speaker session; \$350 for two speaker session; and, \$500 for three or more speaker session. By submitting this proposal, you acknowledge that all speakers are expected to cover any remaining meeting costs including registration, hotel and travel.

Proposed Session Category (please bold one)

Symposium	Colloquium	Practicum Session
Socratic Debate	Tutorial Lecture	Clinical Workshop

Full Session Title:

Description:

Speaker Name:	Degree:	ACSM Member:	Y	N
Address:	Phone:	MARC Member:	Y	N
Fax:	E-mail:	ACSM Fellow:	Y	N

Briefly describe your experience as related to this lecture (2 to 3 sentences):

Please select the area below that you feel your proposal best falls under:

Cardiovascular & Respiratory	Athletic Care & Clinical Medicine
Physiology Environmental Physiology	Biomechanics
Exercise Genomics	Clinical Exercise Physiology
Fitness Assessment, Training & Physical Activity	Metabolism & Nutrition Psychology
Public Health	Behavior, & Neurobiology Skeletal Muscle
Epidemiology	Bone & Connective Tissue Exercise
Exercise is Medicine	Immunology

Sub-titles and Additional Speakers**Lecture Sub-Title:****Description:**

Speaker Name:	Degree:	ACSM Member:	Y	N
Address:	Phone:	MARC Member:	Y	N
Fax:	E-mail:	ACSM Fellow:	Y	N
Briefly describe your experience as related to this lecture (2 to 3 sentences):		Student Member:	Y	N

Sub-titles and Additional Speakers**Lecture Sub-Title:****Description:**

Speaker Name:	Degree:	ACSM Member:	Y	N
Address:	Phone:	MARC Member:	Y	N
Fax:	E-mail:	ACSM Fellow:	Y	N
Briefly describe your experience as related to this lecture (2 to 3 sentences):		Student Member:	Y	N

Sub-titles and Additional Speakers**Lecture Sub-Title:****Description:**

Speaker Name:	Degree:	ACSM Member:	Y	N
Address:	Phone:	MARC Member:	Y	N
Fax:	E-mail:	ACSM Fellow:	Y	N
Briefly describe your experience as related to this lecture (2 to 3 sentences):		Student Member:	Y	N

Sub-titles and Additional Speakers**Lecture Sub-Title:****Description:**

Speaker Name:	Degree:	ACSM Member:	Y	N
Address:	Phone:	MARC Member:	Y	N
Fax:	E-mail:	ACSM Fellow:	Y	N
		Student Member:	Y	N

Briefly describe your experience as related to this lecture (2 to 3 sentences):

Audio-Visual Equipment: All the symposium presentations are to be brought to the designated room prior to the talk in PowerPoint format.

Please check your preference:

LCD Projection

Other (please specify):

Additional Required Items

Please complete the following items and submit these along with your session proposal form:

Learning Objectives (please write 3 to 4 objectives):

Please include a 2-3 sentence highlight of this session to be used for promoting the session in the MARC ACSM newsletter and social media.

Please include an abstract (no more than 300 words) with this proposal form. At the end of the abstract, list the email addresses of all the authors (with the respective names of each author in parentheses next to each e-mail address). The abstract field is attached on page 4 of this file.

Thank you for submitting a proposal for the 2026 MARC ACSM Annual Meeting!

**ABSTRACT SUBMITTED WITH MARC ACSM
PROPOSAL SUBMISSIONS**

Note: Do not forget to include names with respective e-mail addresses of each person presenting or involved in your specified proposal (e.g., symposium, colloquium, etc.) at the end of the abstract.

Description of Session Types

Please be sure to check the appropriate session type on the application form. You must list all speakers and their credentials (e.g., MS, MD, PH.D., CSCS, ACSM-CEP, etc.) for your proposed session.

Symposium

- a. In-depth scientific lectures on a particular area of research
- b. Three 25 minute lectures, 15 minutes questions
- c. 1.5 hours total

Colloquium

- a. Topic is covered via informal presentations where attendees have the opportunity to meet the experts
- b. 2 or 3 experts
- c. 60 or 90 minutes

Socratic Debate

- a. Scientific debate on a controversial topic generating questions about future research
- b. 2 experts with a moderator (optional)
- c. 60 or 75 minutes

Tutorial Lectures

- a. Critical review or analysis of a particular topic
- b. Presentation of basics of subject and progress to discussion of current issues, questions or problems
- c. 45 minute lecture followed by 15 minute question/answer period

Practicum or Clinical Workshop

- a. Hands-on, small group demonstration of laboratory, clinical or health/fitness assessment techniques (Practicum) or current examination and treatment modalities related to sports medicine (Clinical Workshop)
- b. Examples: measuring resting metabolic rate, advanced ECG analysis, body composition assessment (Practicum); examination of diagnosis of certain injury, how to fit running shoes for athletes with specific ankle/foot problems (Clinical Workshop)
- c. 60 or 90 minutes

American College of Sports Medicine **DISCLOSURE FORM**

As a sponsor accredited by the ACCME, the American College of Sports Medicine must ensure balance, independence, objectivity, and scientific rigor in all its individually sponsored or jointly sponsored educational activities. All faculty participating in a sponsored activity are expected to disclose to the activity audience any significant financial interest or other relationship (1) with the manufacturer(s) of any commercial product(s) and/or provider(s) of commercial services discussed in an educational presentation and (2) with any commercial supporters of the activity. (Significant financial interest or other relationship can include such things as grants or research support, employee, consultant, major stockholder, member of speaker’s bureau, etc.). The intent of this disclosure is not to prevent a speaker with a significant financial or other relationship from making a presentation, but rather to provide listeners with information on which they can make their own judgments. It remains for the audience to determine whether the presenter’s interests or relationships may influence the presentation.

TITLE OF PRESENTATION:

FACULTY MEMBER’S NAME:

NAME OF COMMERCIAL SUPPORTER(S):

1. Relationship with Commercial Supporters of this Activity — Do you or a member of your immediate family have a financial relationship with the commercial supporters of this activity? Yes No
If Yes, please complete the Disclosure Information Section below.

2. Relationship with Manufacturers of Products or Devices Discussed in Your Presentation — Do you or a member of your immediate family have a relationship with the manufacturer of any product or device discussed in your presentation? Yes No
If Yes, please complete the Disclosure Information below.

DISCLOSURE INFORMATION

Type of Affiliation / Financial Interest

Name of Corporate Organization

Grants / Research Support

Consultant

Stock Shareholder (*directly purchased*)

Honorarium

Other Financial or Material Support

I have no financial relationships to report.
the reverse side of this form.

I have read and agreed to the Terms and Conditions on

I plan to discuss unlabeled/unapproved uses of
drugs or devices in my presentation.

Signature

**TERMS AND CONDITIONS FOR FACULTY
REGARDING COMMERCIAL SUPPORT RULES**

1. **Disclosure.** Speakers/authors must complete and submit a Disclosure Statement located on the front side of this document prior to the presentation, and that Disclosure Statement shall be complete and truthful to the best of the speaker's knowledge. Faculty are required to disclose any financial relationship they may have with a manufacturer of any product or class of products they discuss in an educational activity.
2. **Fair-Balance.** Speakers/authors are required to prepare fair-and-balanced presentations which are objective and scientifically rigorous.
3. **Unlabeled and Unapproved Uses.** Presentations which provide information in whole or in part related to non-FDA approved uses for drug products and/or devices must clearly acknowledge the unlabeled indications or the investigational nature of their proposed uses to the audience. Speakers/authors who plan to discuss non-FDA approved uses for commercial products and/or devices must advise the ACSM of their intent.
4. **Use of Generic versus Trade Names.** Presenters should use scientific or generic names in referring to products in their lectures or enduring materials. Should it be necessary to use a trade name, then the trade names of all similar products or those within a class should be used.
5. **Commercial Supporter Influence.** Faculty are not permitted to receive any direct remuneration or gifts from the commercial supporter(s) of this activity as it relates to this specific activity, nor should they be subject to direct input from a commercial supporter regarding the content of their presentation.