

## Marc Schedule at a Glance: Friday Morning

Time	Ballroom A	Ballroom B	Ballroom C,D,E	Pennsylvania	Ash/Birch	Chestnut Dogwood	Elm/Fir
9:00 AM	<p style="text-align: center;">“Collegiate Teaching Styles”</p> <p style="text-align: center;"><b>Scott Kieffer</b> <b>Steve Siconolfi</b></p>	<p style="text-align: center;"><b>Ergogenic Aids</b></p> <p style="text-align: center;">"Sports Supplements and Engineered Foods: Balancing the Science and Application"</p>	<p style="text-align: center;"><b>Exercise and Public Health</b></p> <p style="text-align: center;">“The Role of Exercise Science in Public Health: Exercise is Prevention”</p>	<p style="text-align: center;">Clinical Symposium <b>Moderated by Gene Hong</b></p> <p style="text-align: center;">“Clinical Case Session” 9-10 <b>David Ross</b> <b>Kevin Waninger</b></p>	<p style="text-align: center;">College Bowl Preliminary rounds <b>CLOSED SESSION</b> 10:30am to 12:00pm</p>	<p style="text-align: center;"><b>Student Symposium</b></p> <p style="text-align: center;">“Year of the Student” 9:00am to 9:10am</p> <p style="text-align: center;">“ACSM Certifications” 9:10 -10:25 <b>Madeline Paternostro-Bayles</b></p> <p style="text-align: center;">“How to Compete for the Graduate Assistantship and Job You Want” 10:35-11:55 <b>Andy Bosak</b> <b>Greg Ryan</b></p> <p style="text-align: center;">Session Sponsor: <i>Life University</i></p>	
9:15 AM							
9:30 AM							
9:45 AM							
10:00 AM							
10:15 AM	<p style="text-align: center;">“Out of the Classroom, Out of the Box: Student Learning Reconsidered”</p> <p style="text-align: center;"><b>Jon Anning</b> <b>Jeff Lynn</b> <b>Patty Pierce</b> <b>Kim Smith</b> <b>Nicholas Marts</b> <b>Jennifer Reedy</b></p>	<p style="text-align: center;"><b>Chris Karpinski</b></p> <p style="text-align: center;">“Eat Fat to Lose Fat? Can Increased Consumption of Fish Oil Improve Body Composition?”</p> <p style="text-align: center;"><b>Eric Noreen</b></p>	<p style="text-align: center;"><b>Loretta DiPietro</b></p> <p style="text-align: center;"><b>Deborah Rohm-Young</b></p> <p style="text-align: center;"><b>Harold Kohl</b></p> <p style="text-align: center;"><b>David Buchner</b></p>	<p style="text-align: center;">“Clinical Knee Workshop” 10-11 <b>David Ross</b> <b>Gene Hong</b></p> <p style="text-align: center;">“Infectious Disease in Sport” 11-Noon <b>Kevin Waninger</b></p>			
10:30 AM							
10:45 AM							
11:00 AM							
11:15 AM							
11:30 AM							
11:45 AM							
NOON	<b>LUNCH BREAK</b>						

## MARC-ACSM Schedule at a Glance: Friday PM

Time	Ballroom A	Ballroom B	Ballroom C,D,E	Pennsylvania	Ash/Birch	Chestnut Dogwood	Elm/Fir
1:00 PM	<p>“Chronic Fatigue Syndrome: Is Exercise Contraindicated?”</p> <p><b>Betsy Keller</b></p>	<p><b>Nutrition</b></p> <p>“Nutrient Timing for Performance and Recovery”</p> <p><b>Travis Harvey</b></p> <p><b>Kelli Kidd</b></p>	<p><b>Poster Session Ia</b></p> <p><b>Discussion at 2:00pm</b></p>	<p><b>Obesity</b></p> <p>"Role of Fitness and Exercise Interventions in Pediatric Obesity"</p> <p><b>George Datto</b></p> <p><b>Lauren Falini</b></p>	<p><b>Medical Fitness</b></p> <p>"Exercise as a Medicine in Chronic Disease and Obesity"</p> <p><b>Geoff Moore</b></p>	<p><b>Free Communication I</b></p>	
1:15 PM							
1:30 PM							
1:45 PM							
2:00 PM							
2:15 PM							
2:30 PM							
2:45 PM					<p><b>Free Communication III</b></p>	<p><b>Free Communication II</b></p>	
3:00 PM							
3:15 PM							
3:30 PM	<b>SNACK BREAK</b>						

## MARC-ACSM Schedule at a Glance: Friday PM

Time	Ballroom A	Ballroom B	Ballroom C,D,E	Pennsylvania	Ash/Birch	Chestnut Dogwood	Elm/Fir
3:45 PM	<b>Stress Physiology</b> “Orthostatic Stress” <b>Chet Ray</b> “Heat Stress” <b>Craig Crandall</b> “Mental Stress” <b>Jason Carter</b>	“Periodization and Exercise Modalities for the Mixed Martial Artist”  <b>Chad Waechli</b>	<b>Poster Session 1 b</b> <b>Discussion at 3:45</b>	"Motivational Interviewing in Exercise Prescription"  <b>Bill Ryan</b> <b>Beth Larouere</b> <b>Carena Winters</b>  Session Sponsor: <b><i>New York Chiropractic College</i></b>	<b>Free Communication IV</b>	<b>Free Communication V</b>	
4:00 PM							
4:15 PM							
4:30 PM							
4:45 PM							
5:00 PM							
5:15 PM							
5:30 PM	<b>Dinner Break</b>						
7:00 PM	<b>Key Note: <u>Endurance Sports Nutrition: Fueling Sports Performance and the Marathon of Life</u></b> <b>Lauren Antonucci, M.S., R.D., CSSD, CDE, CDN</b> <b>Sponsored by: Gatorade Sports Science Institute</b>						
8:00 PM	<b>Expo- Ballroom</b>						
8:30 PM	<b>College Bowl Finals- Ballroom</b>						
9PM-11:59	<b>Social- Live music by Jackson Rohm</b>						

## MARC-ACSM Schedule at a Glance: Saturday Morning

Time	Ballroom A	Ballroom B	Ballroom C	Pennsylvania	Ash/ Birch	Chestnut Dogwood	Elm/Fir
8:00 AM	"Yoga" Style:Hatha	<b>Biomechanics</b>	<b>Meet the Experts</b>				
8:15 AM							
8:30 AM	<b>Mohamadia Darwish</b> Note: Bring a towel for use as a mat	"The ACL Injury Enigma- We Can't Prevent What We Don't Understand" <b>Scott McLean</b>	Moderator: Jody Greaney	<b>Cancer: Basic and Applied to Exercise</b> "The Role of Exercise in Cancer Recovery" 8:30-9:20 <b>Karen Wonders</b>			
8:45 AM							
9:00 AM		<b>Biomechanics Free Communication</b>		<b>Free Communication VI</b>			<b>Free Communication VII</b>
9:15 AM							
9:30 AM							
9:45 AM							
10:00 AM							
10:15 AM							
10:30 AM							
10:45 AM							
11:00 AM							
11:15 AM							
11:30 AM		<b>Session Sponsor: West Virginia University</b>	<b>Vendors Presentation</b> Moderator: Michael Holmstrup	<b>Cancer: Basic and Applied to Exercise</b> "The Role of Exercise in Cancer Recovery" 8:30-9:20 <b>Karen Wonders</b>			
11:45 AM							
12:00 PM							
12:15 PM							
12:30 PM	<b>MARC LUNCHEON and AWARDS PRESENTATION</b>						